



Term 2 Week 6

NEWSLETTER

Participate, Learn, Succeed

Principal's Report

Here we are in Week 6 of Term 2, and what a journey it has been! I want to take a moment to celebrate our wonderful community, especially for your resilience during the recent flooding events. Your support and understanding during the temporary closure of the school were truly appreciated. It's times like these that remind us of the strength and unity within our Stroud Road family.

This week, we had a fantastic Bike Safety Day with Wheelie Safe Kids! Our students learned valuable skills to keep them safe while cycling, and it was great to see so many of them getting excited about bike safety. Remember, riding safely means more fun for everyone!

We also have the dental van visit coming up soon, ensuring that our students' smiles stay bright and healthy. It's a great opportunity for our kids to receive essential dental care right here at school.

I also want to highlight the amazing writing our students have been doing in class. I had the pleasure of being given some creative hairstyles – green, rainbow, and pink – thanks to their imaginative storytelling! A big thank you to Miss Smith for inspiring our students and, perhaps, for giving me a new look!

Speaking of Miss Smith, I'm thrilled to announce that she has been awarded the Margaret Auchmuty Award at the University of Newcastle for outstanding performance in her final year of university last year. This is a fantastic achievement, and we are so proud to have her as part of our school community!

Just a quick reminder that school photos are happening next Wednesday. So, polish those smiles and wear your best uniform – we want to capture those lovely faces!

Wishing everyone a lovely long weekend ahead!

Mr Irwin

What's on this month?

Week 7

Monday 9/6

- King's Birthday Public Holiday

Tuesday 10/6

- P & C Meeting - 3:15pm

Wednesday 11/6

- School Photos

Thursday 12/6

- Oral On the Go Dental Visit
- Library & Sport

Week 8

Monday 16/6

- Public Speaking Task
- NSW Public Education Survey

Thursday 19/6

- Library & Sport

Week 9

Wednesday 25/6

- GHS 'Shrek The Musical' Excursion

Thursday 26/6

- Library & Sport

Wheelie Safe Kids



Student of the Month

Bentley Mellows

Bentley has been developing his leadership skills through his participation at GRIP Leadership. He leads by example at school and displays care for younger students.



Stroud Road Attendance

Attendance Term 2 - 86%
Attendance Target - 95%

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight



= **4** weeks

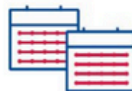


= Over **1** year missed

1 day per week



= **8** weeks



= Over **2.5** years missed

Quote of the Week

“Character is doing the right thing when nobody’s looking.” – J.C. Watts

RIDDLE ME THIS

What five-letter word becomes shorter when you add two letters to it?

GEM Chats

Emotional Literacy

CREATING WELLBEING HABITS & CONNECTION

GEM Chats help families practice The Resilience Project's principles, offering a simple wellbeing check-in while **building stronger connections through daily conversations**.

HOW TO USE GEM CHATS

Make GEM Chats a part of your dinner routine to reflect, check in, and practice emotional literacy.

Try these prompts:

- ★ What **emotion** do you feel right now and why?
- ★ What are **some emotions** you have felt today/this week?
How did you **identify** them?
- ★ Describe a moment from your day when you **felt excited**.
- ★ What emotions have you noticed today in your **friends, teachers** or **family members**? How did you recognise these emotions?
- ★ What could you do today/tomorrow to **experience a positive emotion**?








TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:



Power Up with Breakfast

Eating a healthy breakfast kickstarts the day, giving you energy for physical activity and boosting focus, concentration, and memory — all important for learning!

Breakfast is also a great time to get important nutrients. Here are some easy and healthy breakfast ideas:

-  Wholegrain cereals like Weet-Bix, Cheerios, Sultana Bran, or porridge
-  Wholegrain toast with avocado, tomato, or reduced-fat cheese
-  Untoasted muesli with low-fat yoghurt
-  Raisin toast
-  Fruit and veggie smoothies

In a rush? Try quick grab-and-go options like a tub of low-fat yoghurt, a piece of fruit, overnight oats, or dry cereal to snack on.

Even a small breakfast can help your child do their best at school!



Hunter New England
Local Health District

@HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>

Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.

We're coming to your community



We're bringing NSW Government services to: Stroud on the 20 June 2025 from 8:30am – 12:30pm

Visit our Mobile Service Centre to access services like:

- Driver Knowledge Tests
- driver licence, mobility parking and photo card applications
- Working with Children Checks
- NDIS Worker Checks
- birth, death and marriage certificates
- cost of living support and more.

Call **13 77 88** or visit service.nsw.gov.au to check our latest timetable.

Severe weather may mean our timetable has to change at short notice, we strongly recommend you check on the day.



Find us at:

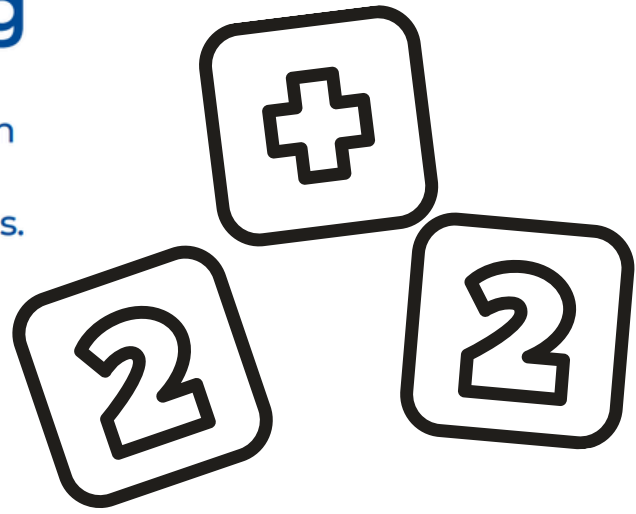
Stroud
62 Cowper Street

Adding and subtracting

Young children need to develop a sense of addition and subtraction. This includes combining two or more objects and removing and separating objects.

Words to use

- combines with, joins, makes
- less than, more than
- all together
- take away
- how many more



Activities that encourage adding

- **Add amounts of everyday items**, for example, toys, fruit, books. Children may use their fingers to add.
- As you are walking **add the number of different items** you see, for example, flowers in a garden.
- On a calendar ask your child to mark the days they went to school or did another activity. At the end of the week **add the number of days for each activity**.
- When you are shopping talk about what you need to buy. **Ask questions** such as "How many bananas for everyone in the family?" "If I get one more, how many will we have?"
- **Play games that encourage adding using two dice**, for example, Snakes and Ladders.

Activities to encourage subtracting

- **Subtract everyday items.** Count the items in their lunch box and then subtract as items are taken away.
- **When eating count how many items** you have. Ask questions such as "How many grapes have you eaten? How many are left?"
- Encourage your child to **notice the difference when items are removed** such as taking eggs out of a carton or removing bananas from a bunch.
- **Sing songs** such as Five Little Ducks, where the number reduces as one is taken away.
- **Ask questions** such as "We have five apples in the bowl. If I ate two apples how many apples are left?"

