Serm 4 Week 3

# NEWSLETTER

#### **Principal's Report**

Participate, Learn, Succeed

The final term of 2024 has begun with a bang here at SRPS. Of course, I could not begin this newsletter without celebrating the amazing relay team of Bentley, Riley, Hugo and Riley who represented our school with pride at the NSWPSSA Athletics Carnival. The team ran their hearts out and I am sure those in attendance, as well as the students themselves, will long remember that wonderful day.

Also on athletics, I would like to take a second to congratulate and thank Miss Hughes for the outstanding achievement of officiating at the State Athletics Carnival. Miss Hughes is a dedicated coach who has positively influenced the lives of many local athletes, and I believe it is a just reward for her efforts.

I had the pleasure of attending the Stroud Pre-School 50th anniversary on Saturday. It was a wonderful morning, where our fabulous local community came together to reunite, share stories and celebrate a cornerstone of the community. A huge thank you to our amazing P & C who turned, flipped, fried and sweated all morning on the BBQ, raising funds for our school and feeding the hungry masses. We consistently punch above our weight at community events, and it is in no small part due to our dedicated band of volunteers. Next week, we will be welcoming in local trades to begin works on our Permaculture inspired garden project. This is so exciting for our school, and I cannot wait to see the positive impact this has on student learning and community participation.

Finally, I wish to acknowledge that this is the beginning of the final term of Primary School for not only our year 6 students, but also some of our long-standing families. You and your families are so very valued by our school, and I hope you enjoy this last term as part of SRPS.

# What's on this month?

#### Week 4

 Tuesday 5/11 -Kindergarten Orientation Day

#### Week 5

 Wednesday 13/11 -K-3 Puppet Show @ Stroud PS

#### Week 6

- Tuesday 19/11 -Kindergarten Orientation Day
- Wednesday 20/11 -Friday 22/11 - Stage 3 Excursion @ Bathurst
- Wednesday 20/11 proposed K-3 Excursion with Stratford PS

#### Week 10

- Tuesday 17/12 -
- Carols @ The Lodge
- Tuesday 17/12 -Presentation Evening

#### Stroud Pre-School 50th Anniversary - P & C BBQ



#### **STUDENT(S) OF THE WEEK**



Riley, Bentley, Riley and Hugo Our amazing relay team acquitted themselves outstandingly on the big stage. The students showed courage, sportsmanship and positivity. We are so proud.

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### **Stroud Road Attendance**

# Attendance Term 4 - 87.2% Attendance Target - 95%





"Do the best you can until you know better. Then when you know better, do better." - Maya Angelou

### **RIDDLE ME THIS**

Nobody empties me, but I never stay full for long. What am I?



#### Hydrate with H2O

#### Did you know your body is made up of 50-70% water?

Water is essential in a heathy diet. It helps transport nutrients through our bodies, digest food, remove waste, regulate body temperature, and also keeps our teeth and mouth healthy.

As we come into summer, it's important to keep our bodies hydrated.

Encourage your child to choose water as a drink by:

- Packing a water bottle in their school bag everyday
- Packing a frozen water bottle in their lunchbox during summer
- · Encouraging your child to drink water when playing sport
- Serving plain water in a jug. Try adding ice-cubes and fresh fruit pieces such as lemon, orange, blueberries or strawberries for flavour
- Using a re-usable drink bottle that your child has chosen







Source: Hydration tips for children (www.healthdirect.gov.au)



Hunter New England Local Health District

<u>HNELHD-GoodForKids@health.nsw.gov.au</u>
<u>https://goodforkids.nsw.gov.au</u>

Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.

## Read with your child every day

- Make reading fun and enjoyable. Children learn about reading by watching, copying and interacting with others.
- Let your child choose and re-read books they are interested in.
- Talk about the book before you start reading. Talk about the title and what could happen in the story.
- Discuss the pictures and how they add to the story.
- Whilst reading ask your child questions about the story such as "What do you think might happen next?" "Why do you think that?"
- After reading talk about the story. Ask questions such as "Which part of the story did you like best?" "What was exciting, funny or sad in the story?"
- Take turns at reading favourite stories with brothers, sisters or friends.
- Choose a variety of reading materials such as newspapers, magazines, posters, street signs, recipes and shopping lists.