



School and Community Newsletter

Week 8, Term 2, 2019

LEARNING HIGHLIGHT: Writing



We have been developing a number of narrative writing devices this semester. Hayley has shown skill in identifying narrative point-of-view, and even changing a story from third person to first person.

Well done Hayley!

Brick & Pin Street Parade



Each year, students from Stroud, Booral and Stroud Road have the opportunity to march in the Annual parade. This year's theme is **"The Circus is in Town"**

and the students can dress as any circus performer. The parade is on the *13th of July* in the holidays. We hope you can join us that day.

OzHarvest Visit

We were very fortunate to have the OzHarvest team teach us about sustainability, food waste and nutrition.



Food waste is a global issue causing a negative effect on the environment. Whilst food rescue fills hungry bellies, education transforms lives and is the key to influencing change.

REMINDERS FOR SCHOOL DAYS

Tuesday:

Sports shoes - Tennis

Wednesday:

School banking

News

Speeches (3-6)

Thursday:

Sports shoes - Tennis

Friday:

Homework return

Recorders (music)

Celebrating Australian Women

Mrs Melmeth has been working with our students to produce some artworks based on leading Australian Women.



P+C NEWS

Next Meeting:

Thursday 4th July - 3.15pm

We will be holding a stall at the **Brick and Pin Competition** on the **13th of July**. If you can lend a hand, please let the office know.

Thanks to the parents and community members that have already bought tickets for our bus trip. Please pay at the office to secure your seat.

CANTEEN

New on the menu



Popcorn!

Week 9

Monday - Kim

Thursday -

Week 10

Monday - Sally

Thursday -



If you are able to help out on any unfilled days, please let the office know.

WHAT'S ON?

- **Wednesday - 26/6**
Week 9
NAIDOC Celebrations
at Gloucester PS
- **Friday - 5/7**
Week 10
Term Assembly
at Stroud Road PS
- **Saturday - 13/7**
Holidays
Brick & Pin Parade
at Stroud
- **Thursday - 25/7**
Week 1
Hunter Life Education
at Stratford PS

Principal: Mr Adam Lewis

P & C President: Ms Danielle Phillipson

Ph: 4994 5276

email: stroudroad-p.school@det.nsw.edu.au

web: www.stroudroad-p.schools.nsw.edu.au

Good for Kids good for life

24 HOUR MOVEMENT GUIDELINES



Australian Government
Department of Health

Have you **moved** enough today?



SLEEP

- 5–13 year olds need 9–11 hours per night.
- 14–17 year olds need 8–10 hours per night.



PHYSICAL ACTIVITY

Aim for 60 minutes or more per day – the more you huff & puff the better!



INACTIVITY

Move more & sit less in your spare time.

Find out more at www.health.gov.au

Children and young people (aged 5–17 years) should achieve the recommended balance of high levels of physical activity, low levels of sedentary behaviour, and sufficient sleep each day.

Australian 24-Hour Movement Guidelines for Children and Young People (5 to 17 years):
An Integration of Physical Activity, Sedentary Behaviour, and Sleep



Source: Australian 24 hour Movement Guidelines



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@hnehealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

STROUD'S BRICK & ROLLING PIN CONTEST SATURDAY 13TH JULY

STROUD SHOWGROUND

- 10.30AM - STREET PARADE
- 11.30AM - STROUD SHOWGROUND

Cowper Street, Stroud

Entry: \$10 adults ~ \$5 kids
Family pass: \$25



JOIN US AT STROUD COUNTRY CLUB FOR

CHRISTMAS IN JULY

DINNER AND KARAOKE

SATURDAY 20TH JULY ~ 6pm

\$25 PER HEAD FOR 2 COURSE MEAL AND ENTERTAINMENT

PH 49945264 OR 0427396745 FOR FURTHER INFO

TICKETS WILL BE ON SALE AT THE COUNTRY CLUB TILL THE 5TH JULY, BOOKINGS ARE ESSENTIAL.

THERE WILL BE A GIVING TREE AVAILABLE IF YOU WISH TO LEAVE A GIFT OR DONATION UNDERNEATH.

BRING JOY TO THOSE LESS FORTUNATE.

COME ALONG AND SUPPORT YOUR COUNTRY CLUB.

INFORMATION FOR MEMBERS AND THEIR GUESTS



DAY 1 THURS 18th JULY

9am-10:30am Session 1 Primary School age
10:30am-12pm Session 2 Primary School age
12pm-1:30pm Session 3 High School age

\$12 EACH CHILD PER SESSION



TOURNAMENT

1.30pm-5pm

RED BALL | ORANGE BALL | YELLOW BALL

Prizes to be won at all levels

\$10 PER ENTRY

DAY 2 FRI 19th JULY

9am-10:30am Session 1 Primary School age
10:30am-12pm Session 2 Primary School age
12pm-1:30pm Session 3 High School age

\$12 EACH CHILD PER SESSION



TOURNAMENT

1.30pm-5pm

RED BALL | ORANGE BALL | YELLOW BALL

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\$10 PER ENTRY

DAY 3 SAT 20th JULY

9am-10:30am Session 1 Primary School age
10:30am-12pm Session 2 Primary School age
12pm-1:30pm Session 3 High School age

\$12 EACH CHILD PER SESSION



FAMILY FUN AFTERNOON

Parents, kids, teenagers all welcome!

Tennis games, music, lots of fun

Sausage sizzle - \$2 / Hot & cold drinks - Gold coin

Come along and have some fun with us!

Family Discount: Registration of 2+ kids for all three days \$20 per child

*Payment must be upfront on the first day -18th July. Direct deposit available upon request.

Register before July 12

Corner of MacKay St and Lord St

For any more information or to register your child contact Zoë Tolhurst on 0419954816

MAITLAND TENNIS CENTRE



Principal: Mr Adam Lewis
P & C President: Ms Danielle Phillipson

Ph: 4994 5276
email: stroudroad-p.school@det.nsw.edu.au
web: www.stroudroad-p.schools.nsw.edu.au

STROUD ROAD P & C SHOPPING TRIP FUNDRAISER

WHEN: SATURDAY 3RD AUGUST, 2019

WHERE: BIRKENHEAD POINT

COST: \$60/PERSON

COME ALONG FOR A GREAT DAY OUT, WITH ONE GREAT
STOP, YOU CAN SHOP & DINE AT YOUR LEISURE!

ALL BOOKINGS & ENQUIRIES TO LEONIE EDWARDS.

PHONE: 4994 7212 OR 0427 508 232

EMAIL: SLEDWARDS03@BIGPOND.COM

A NON-REFUNDABLE DEPOSIT OF \$30.00 DUE BY FRIDAY
28TH JUNE, 2019. (MAY BE EARLIER DUE TO A LIMITED
NUMBER OF SEATS)



26
OCT

1919
**CENTENARY
EVENT**
2019

10
AM

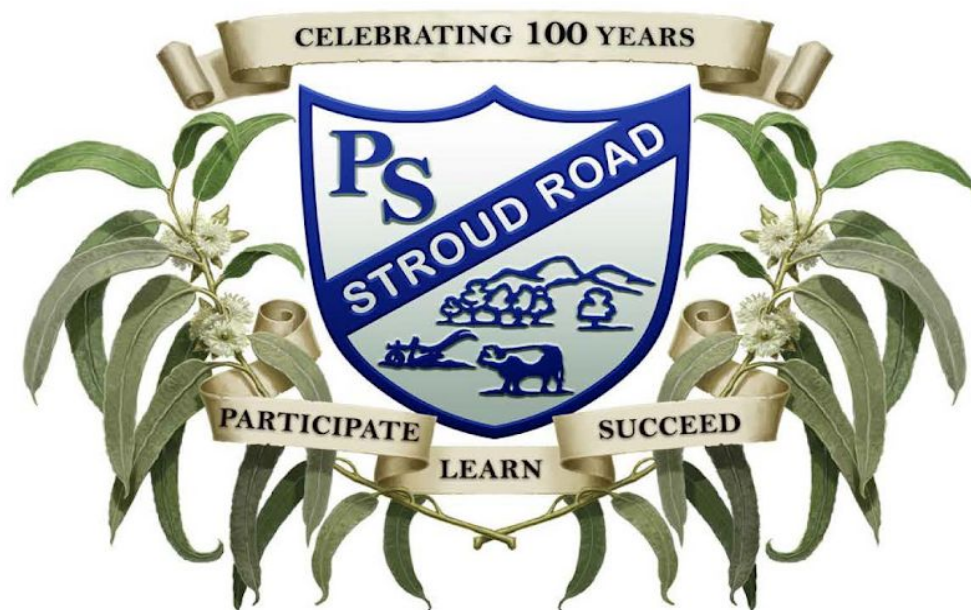
Inviting all Stroud Road pupils, families, teachers and friends to celebrate 100 years of education.

Join us at our school for:

10:00 Morning tea

12:00 Ceremony

1:00 Lunch



If you have photos or school items that we could borrow to commemorate the milestone, please send them to stroudroad-p.school@det.nsw.edu.au or deliver them to the school.

All items will be handled with the upmost care and returned.

We would love to see you here to share some memories of our great school.