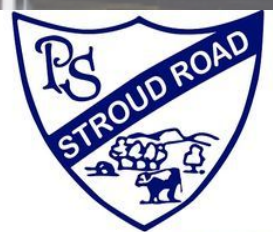


Term 4, Week 4



Stroud Road Public School and Community Newsletter

Participate - Learn - Succeed

LEARNING HIGHLIGHT: Writing



Seth has greatly improved his sentence writing this semester. He uses his “*when comma who what fullstop*” structure and is showing his excellent vocabulary by including interesting words. Seth’s handwriting is getting neater and more fluent every day. We are very proud of his achievement.

CAROLS IN THE ROTUNDA

The students of Stroud Road have been invited to sing Carols on the **9th of December**, at Allen Park, Stroud. We will be joined by students from Booral PS and Stroud PS. It promises to be a splendid evening.

YOUNG WRITERS



The Stroud Writers are proud to present the 2017 collection of stories and artwork by local students, including work by Stroud Road PS students. The books are \$10 and need to be ordered by **22nd of November**.

KINDY CLUB

Our first Kindy club was a rewarding experience for everyone. Our new students got to experience our school, and our students got a chance to meet their next year’s classmates. We can’t wait to have them back in **week 5**.





Stroud Road PS was visited by Mid Coast Water and their mascot Whizzy to learn about being waterwise. Our students impressed the instructors with their knowledge and experience in conserving water and using our resources wisely.

REMINDERS FOR SCHOOLS DAYS

Tuesday:

Scripts (play)

Wednesday:

School banking

Story sharing (news)

Singing voices (choir)

Friday:

Sport shoes

Recorders (music)

Books for returning (Library)

Homework

P & C News

SCHOOL DANCE

Tonight 5:00 - 7:30



We look forward to seeing everyone dressed in Halloween costumes and ready to dance.

We would like to ask parents to bring a plate of party food to share.



| | |
|-----------|------------------|
| Mondays | Recess and Lunch |
| Thursdays | Recess Only |

**Unfortunately there are no choc-chip muffins available this term.*

CANBERRA EXCURSION

Written by Madeline, Nic and Darcy

Edited by Darcy



Year 5 and 6 students went to Canberra last in week 2. Here are some of our favourite experiences. We found the Royal Australian Mint quite interesting.

We learnt about how Australian coins are made. Then we walked up the stairs full of 5 cent coins that totalled \$750. After that we looked at the museum and the robots working. There was a huge robot named 'Titan' and he danced and waved. We had a fantastic time.

On our visit to the Australian Institute of Sport (AIS) we went into a playroom to start. We could play recreational games of skiing, olympic games, soccer, football, cricket, cycling, basketball and wheelchair racing. Then we went on a tour. We saw people training e.g weight lifters, runners and gymnasts.



One of most important tours was to Parliament House where we saw the Senate and the House

of Representatives debating different matters. We got to do a roleplay as the House of Representatives, debating if we should have wifi on public transport. We are now very interested in politics. We also went to the old Parliament House where we learnt about democracy and voting. At Questacon we had the chance to get hands on with science; experimenting and investigating.

Another important visit was to the Australian War Memorial. It was both moving and

informative. We had the opportunity to learn of the horrors of war and to pay our respect to our servicemen and women. Then we journeyed to Telstra Tower to take in a spectacular view of Canberra. It was amazing.



***More photos on our school
website***

Chat with the Chappie

Last Friday and into the weekend I went through the mammoth task of moving my family of 7 to a new home. It has been quite a few years since we last moved and I had forgotten just how exhausting it can be! We moved for a number of reasons, but mainly for the need of more living space. I must say that whilst I have great kids, they are still kids and the usual squabbling and issues go on between them.

It's funny how sometimes we think, "If I just had...I'd be happy". I found myself doing that as we planned to buy a new house. "If we just had a house like that..." The reality is that whatever house I'm in, the kids are still going to bicker, I'm still going to be tired, and any current issues we have don't just disappear! So the question is, where can happiness be found? There are many opinions about this topic! The Gross National Happiness Index suggests there are more than just a few areas to consider for 'happiness' to be at it's highest in your life.

Areas such as psychological well-being, physical health, social support, community involvement and belonging, standard of living, work, time balance, spirituality, and lifelong learning.

The important thing to remember when considering how happy you are is that we are physical, emotional, and spiritual beings. We need a wholistic approach when considering happiness, none of these areas can be ignored. Consider today, what does happiness look like for you? It's probably different to me and to your neighbour, and even to your kids! There are some things that make us all feel happy and some little

things that you can do to increase your happiness.

1. Sit silently for 5 minutes a day; rest, reflect, breathe.
2. Practise gratitude every day.
3. Give every day; even smiling at someone can be a gift.

Enjoy the rest of week 4 everyone; don't worry, be happy ;)



Chaplain's Character Awards

Seth Gosden - Making good choices that affect other students.

Hayley Edwards - Showing kindness to other students.

CAR WASH FUNDRAISER

On the 23rd of November
our students are going to
wash cars to raise money for
our sponsor child David.

\$10 per car



Stroud All Hands Playgroup welcomes all babies, toddlers and pre-schoolers to join in the fun and games on Thursday mornings.

Mothers, fathers & carers welcome.

The Playgroup is a volunteer organisation affiliated with Playgroup NSW. Our active and friendly group includes mums, dads, carers and grandparents with babies and children under the age of five.

Time: 10am-12noon
Day: Thursday
Where: Playgroup room
Stroud School of Arts
Hall
Bring: A plate of child friendly food to share
Contact: Jane Tonitto on
0414 434366

www.stroudplaygroup.wordpress.com

WHAT'S ON?

Weeks 5 & 7 Fridays

- **Kindy Club**

Week 7 Thursday

- **Carwash Fundraiser**

Weeks 8 & 9 Monday - Friday

- **Swimming School**

Weeks 9 Saturday

- **Carols in the Rotunda**

Week 10 Wednesday

- **Presentation Night**



SWIM AND SURVIVE PROGRAM JANUARY 2018

- ✓ Life skill
- ✓ Water awareness
- ✓ Fun
- ✓ Safe

The Office of Sport delivers Royal Life Saving Society's national Swim and Survive program in regional areas of NSW where limited learn to swim opportunities exist.

Lessons cater for children aged 18 months to 12 years and provide everything from water awareness through to developing strokes and endurance. Classes are delivered by nationally-qualified instructors and normally run for nine consecutive week days.

Prices for nine lessons are \$72 for school aged children and \$51 for pre-schoolers (prices exclude pool entry).



More Information

sportandrecreation.nsw.gov.au/swimandsurvive | 13 13 02

fb.com/OOSswimandsurvive

