



# Stroud Road Public School and Community Newsletter

Monday, 15th August 2016

## REMINDERS FOR SCHOOLS DAYS

Monday: Canteen (recess and lunch)

Tuesday: Garden Club

Wednesday: School banking, library borrowing

Thursday: Canteen (recess)

Friday: Sport, recorders, music

## NEWS DAYS

Monday – Jack, Izzabella, Lachlan, Darcy, Indy, Ben

Tuesday – Fiona, Lucy, Hayley E, Nic, Raiden, Kaiden

Wednesday – Lacey, Keith, Bronte, Zarleigh, Connor

Thursday – Elijah, Poppy, Hayley FW, Sam, Madeline, Layla

## STUDENT OF THE WEEK

Each week staff choose 1 student who has gone above and beyond to achieve one or more of our PBL goals (respect, care, learn, share).

Congratulations to Darcy Nash for persistence in problem solving tasks.



Darcy will receive a voucher to get an ice block or packet of chips from the canteen.

## SUPER SPELLERS

Well done to Darcy, Ben, Kaiden and Lachlan who were our super spellers on Friday, getting 100% in their spelling test.



## CHANGE OF STAFF DAYS

Starting next week Miss Bratfield will be working on Mondays instead of Thursdays. During this time she will continue in her Learning and Support role.

## ADDITIONAL HOURS

With the increase in our Infants enrolments we have been allocated an extra 2 hours of staffing per week. Mrs Madden is going to come in from 9-11am on Thursdays to continue her work on literacy with the Infants class.

## BUCKETTS OF TALENT

All our recorder group will be performing at the matinee performance of Bucketts of Talent, with 5 of those students attending the evening performance. Students not in the recorder group, but who have returned notes to say they will be attending the evening performance will be performing as part of the choir at both the matinee and evening performances. Thank you to the parents who are taking their children to the evening performance.

## ZONE ATHLETICS

I will be away tomorrow at the zone athletics carnival in Raymond Terrace. Mrs McNeice will be on my class.

## STROUD WRITERS COMPETITION

Our students have been working incredibly hard on their entries for the Stroud Writers Competition and I have had the pleasure of reading some of their creative pieces. Entries are due on Friday this week.

## BOOK WEEK ASSEMBLY

I am looking forward to seeing parents, carers and friends at our Book Week assembly next Wednesday. A brief outline of the day is as follows:

12noon	FREE sausage sizzle lunch for all
12:30pm	Assembly
1:00pm	Book Week activities

Class entries are to be returned by the 23<sup>rd</sup> August. Students are welcome to wear their costumes all day.

## P&C MEETING

I look forward to seeing you all at the P&C meeting on Monday 22<sup>nd</sup> August at 3:10pm in the hall.

## SWAP IT



### Welcome to SWAP IT

Our school has partnered with Good for Kids and Skoolbag to pilot a new program called "SWAP IT". SWAP IT aims to support parents and carers to swap what is packed in the lunchbox from "sometimes" foods to "everyday" foods.

Everyday foods help kids to grow and learn. By swapping a sometimes food for an everyday food, we are setting kids up for the best possible mental and behavioural performance at school and at home. Everyday options can be quick, inexpensive and popular with kids!

SWAP IT will provide a resource bag to each student (including a drink bottle and ice brick), send messages directly to you through our Skoolbag app, provide information in our newsletter and share lunchbox ideas on posters displayed in our school.

For more information on SWAP IT, please contact :

PHONE: 4924 6499

EMAIL: hnelhd-goodforkids@hnehealth.nsw.gov.au

Look out for your SWAP IT bag - coming home next week!

**Good for Kids** good for life

## LUNCHBOX IDEAS



Crunch&Sip®	Recess	Lunch	Drink
Cucumber sticks Water	Mandarin Popcorn	Tuna & salad sandwich	Frozen milk popper

### KEEPING FOOD SAFE

The risk of food poisoning increases the longer food is within the danger zone (>5°C and <60°C). Reduce this risk by adding the frozen ice brick or freezing the milk popper.

### SAVE MONEY \$\$

Make your own popcorn by microwaving corn kernels in a brown paper bag. Microwave on high for 2-3 minutes or until the popping slows down. No added salt or fat makes a perfect everyday snack.

[www.goodforkids.nsw.gov.au](http://www.goodforkids.nsw.gov.au)

Good for kids  
good for life

swap it  
everyday in the lunchbox

While brands may be depicted in these images, Good for Kids has no affiliation and does not endorse any specific food brand. We do not warrant that the information we provide will meet individual health, nutritional or medical requirements, or individual school policy for more lunchbox suggestions see [www.goodforkids.nsw.gov.au](http://www.goodforkids.nsw.gov.au).

## ZOO SNOOZ EXCURSION

Parents are still welcome to make payments for the Zoo Snooz excursion. Full payment is due before the excursion in week 8 this term.

## YEAR 5/6 EXCURSION TO HILL END AND BATHURST

Thank you for the notes and money that has been sent in for the Bathurst excursion. Full payment will be due before the end of the term (23/9).

### Week 5

Tuesday 16 <sup>th</sup> Aug	ICAS – mathematics Zone Athletics (field)
Thursday 18 <sup>th</sup> Aug	Kindergarten Transition Bucketts of Talent
Friday 19 <sup>th</sup> Aug	Zone Athletics (track)

### Week 6

Monday 22 <sup>nd</sup> Aug	P&C meeting 3:10pm
Wednesday 24 <sup>th</sup> Aug	Newc. Perm Maths Comp. Book Week assembly
Thursday 25 <sup>th</sup> Aug	Hot Lunch (Kerri) Horse Tales
Friday 26 <sup>th</sup> Aug	Kindergarten Transition Principal Network Day

### Week 7

Mrs Bell prac	
Monday 29 <sup>th</sup> Aug	Kindergarten Transition
Thursday 1 <sup>st</sup> Sept	Horse Tales
Friday 2 <sup>nd</sup> Sept	Hunter athletics

### Week 8

Mrs Bell prac	
Monday 5 <sup>th</sup> Sept	Stage 2 Zoo Snooz
Tuesday 6 <sup>th</sup> Sept	Stage 2 Zoo Snooz Kindergarten Transition
Thursday 8 <sup>th</sup> Sept	Horse Tales

### Week 9

Mrs Bell prac	
Wednesday 14 <sup>th</sup> Sept	Kindergarten Transition Responsible Pet visit P&C meeting 7pm
Thursday 15 <sup>th</sup> Sept	Hot Lunch (Janet) Horse Tales

### Week 10

Mrs Bell prac	
Thursday 22 <sup>nd</sup> Sept	Kindergarten Transition Horse Tales

### HOLIDAYS

Saturday 1 <sup>st</sup> Oct	Stroud Country Fair
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Crystal McGuigan  
Principal

## P&C News

### Canteen Roster – Term 3

22 <sup>nd</sup> August	Marianne
29 <sup>th</sup> August	Davina
12 <sup>th</sup> September	Tonya
19 <sup>th</sup> September	Janet

Thankyou for your assistance with the canteen. If you are not able to attend on your rostered day please arrange for a replacement.

### UNIFORMS

If you would like to purchase any uniform items could you please send in the money with a note advising the item and size and the item will be sent home with your child or given to you.

### MEETING AGENDA

Next meeting: Monday, 22<sup>nd</sup> August – 3.10pm.

- Secretaries position
- Constitution
- Code of Conduct
- Rodeo stall

If you have any items for the agenda please contact Leonie.

### POSITION OF P&C SECRETARY

A letter of resignation from our Secretary was received at our last meeting. I would like to thank Annena for her time as Secretary.

It was decided that nominations for a new Secretary would be held open, with the election of a new Secretary to occur at the next meeting, to be held on Monday 22<sup>nd</sup> August at 3.10pm.

Hope to see you all there!

Leonie Edwards  
President  
Stroud Road P&C Association

### VOLUNTEER'S AGREEMENT

A volunteer's agreement was attached last week to newsletters. It would be appreciated if these could be returned to school as soon as possible.

### P&C CODE OF CONDUCT

A draft Code of Conduct was attached to last week's newsletter for your information. Please take the time to read through it, as it will be discussed at the next P&C meeting.



DJM Entertainment

Presents

Gold Coin Karaoke

@

Stroud Country Club

19 August - 8pm start

Come along and sing a  
song. If you're a star  
bring your guitar!

DJM Entertainment is providing this  
service to the club for free. Your gold coin  
donation to sing will be greatly  
appreciated

No Fuss Call the bus 49945264

Information for members and  
their guests

STROUD ROAD

'Bash 'n Bang'

Family Bonfire & Fireworks

SATURDAY 27<sup>TH</sup> AUGUST

Entertainment from 6.00pm

Adults / High School \$10.00

Kinder to Year 6 \$3.00

Experience incredible views of planets & the Moon  
through Dustin's telescope by Gold Coin Donation

Food & Drinks Available 'Random Raffle' Draw

Bring a chair & say good-bye to Winter with our warm bonfire  
As we welcome in Spring with a night's sky filled with colour

A Stroud Road Community Hall Fundraiser  
Gratefully supported by :-



GLoucester Resources Ltd

Enquiries :- Rod Williams 0439 193288 or Garry Snowden 0427 396745

Stroud Valley 'Pop-Up' Markets will pop-up anytime,  
anywhere!

The next one is at Alderley Creek Wines, Bucketts  
Way, Stroud.

Stall bookings now open, \$20 per stall.

We love 'Handmade, Home Cooked, Home Grown!'  
8:30am - 12pm

Love the Great Lakes

Stroud Valley  
'Pop-Up Market'  
Alderley Creek Winery  
Bucketts Way  
Stroud  
3rd September  
Book a stall now \$20!  
Enq: 0414863045