



Stroud Road Public School and Community Newsletter

Monday 8th February, 2016

REMINDERS FOR SCHOOLS DAYS

Monday: Canteen (recess and lunch) and Primary HSIE
Project day, guitar lessons
Tuesday: Garden Club
Wednesday: School banking, library borrowing
Thursday: Canteen (recess)
Friday: Homework due, sport, **recorders**, **music**

NEWS DAYS

Monday – Jack, Izzabella, Lachlan, Darcy, Indy, Ben
Tuesday – Bella, Lucy, Hayley E, Nic, Raiden, Kaiden
Wednesday – Lacey, Kyan, Bronte, Zarleigh, Connor
Thursday – Elijah, Hayley FW, Sam, Madeline, Layla

NEW STUDENTS

Now that they have had a chance to settle in we would like to welcome our new students. Madeline (Year 5), Lachlan (Year 3), Lucy (Year 2) and Bella, Jack and Lacey (Kindergarten) have all made new friends and settled in to our school so well. We are so lucky to have them and their families at our school.



STUDENT OF THE WEEK

Each week staff choose 1 student who has gone above and beyond to achieve one or more of our PBL goals (respect, care, learn, share).

Congratulations to Bronte Cooper for fantastic setting out in problem solving.



Bronte will receive a voucher to get an ice block or packet of chips from the canteen.

SUPER SPELLERS

Well done to Ben, Kaiden, Indyanna, Nicholas, Darcy, Sam, Bronte (absent), Hayley FW, Hayley E, Izzabella & Elijah who were our super spellers on Friday, getting 100% in their spelling test.



HEATING LUNCHES

Just a reminder that staff are willing to toast sandwiches and heat up lunches from Tuesday through to Friday. Could we please ask that you do not send in 2 minute noodles to be heated as there are WHS issues relating to the use of boiling hot water. If your child would like to have heated noodles you are asked to prepare these at home and send them in for lunch in a thermos.

FENCE PAILINGS

During the holidays we had our fence replaced and I asked for the pailings to be left at school for student's families. If you would like some pailings they are up in front of the garage. Please help yourself to as many as you like.

HOBBY GROUPS

Hobby Groups will start this Friday. We will have 5 groups that will rotate each 2 weeks. Janet, Davina, Molly, Mrs McNeice and Mrs Melmeth will be running the groups.

GLOUCESTER ADVOCATE

Rebecca from the Gloucester Advocate will be visiting our school on Wednesday 17th February at 9:30am to take photos of our new Kindergarten students and School Leaders.

SWIMMING CARNIVAL

The combined schools swimming carnival is on this Wednesday and the back-up date is Friday 12th February. All students turning 8 years or older this year are eligible to attend. Mrs Madden and Mrs Melmeth will be staying at school with those students too young to attend. If your child is old enough to attend but will not be participating they are expected to attend school for the day.

Best wishes to all our students who will be participating and representing our school.

I have organised to have the coffee van attend the carnival so coffees and slushies will be available.

Last year some students who were sitting on the ground or on a blanket were bitten by ants. Please send along a chair for your child to sit on when they are not competing so they are not bitten on the day.

FRUIT BREAK

If your child prefers to have their fruit peeled or cut up could you please ensure you send in their fruit for fruit break already peeled or cut up? Thank you

SHOW PROJECT

The school theme for the show this year is the United Nations International Year of Pulses.

Pulses are part of the legume family, but the term "pulse" refers only to the dried seed. Dried peas, edible beans, lentils and chickpeas are the most common varieties of pulses.

Well-known legumes include alfalfa, clover, fresh peas, lupins, mesquite, soy and peanuts.

Each year Primary students are asked to submit a project for one of the school events for the school. Due to time constraints we will not have time in class for the Primary students to complete their 'Pulses' research project and are asking students to complete this event at home. Students are asked to research pulses and display their information on a piece of cardboard. If your child/ren would like to complete this activity at home we have cardboard we are happy to supply to them, as well as to print any text or images in colour that they may like to use.

HOT WEATHER

Whilst we have had a little rain lately and the weather has been cooler, please ensure your child/ren are bringing their water bottles to school each day.

Students are also encouraged to wear deodorant to school, especially on hot days. If your child would like to bring some deodorant to school to apply before sport or other outdoor activities they are welcome to do so but please only send in roll on deodorant, NOT aerosol cans.

ABSENCES

Please ensure you send in a note or complete an absent note on the Skoolbag App each time your child is absent from school. If your child is absent on more than 4 occasions in any one term we will need to ask for a medical certificate to explain the absence.

GUITAR LESSONS

Tiana will be running guitar lessons again this year. Lessons will be commencing Monday 29th Feb – \$15.00 per lesson. If you would like your child to take guitar lessons on Mondays please contact us at school.

HOT LUNCH

We will have hot lunch on Thursday lunch. For \$5.00 students will have burritos or tacos and a dessert. If your child would like to have hot lunch please send in \$5.00 to school. If students do not eat the items available for hot lunch they are welcome to bring their own lunch as usual.

ICAS DATES

The 2016 ICAS dates are listed below.

ICAS Subject	ICAS Sitting Date
Digital Technologies	17 th May 2016
Science	31 st May 2016
Writing	13 th June – 17 th June 2016
Spelling	15 th June 2016
English	2 nd August 2016
Mathematics	16 th August 2016

If you would like your child/ren to participate in the ICAS assessments in 2016 the entry fees will be required to be paid by parents/carers.

Entry fees: Digital Technologies - \$8.50
Science - \$8.80
Writing - \$18.70
Spelling - \$12.10
English - \$8.80
Mathematics - \$8.80

Please send your money in to school before the end of week 4.

If you would like more information about the ICAS assessments please go to:

<https://www.eaa.unsw.edu.au/icas/about>

HOGS FOR THE HOMELESS 2016 GLOUCESTER VISIT

We have received information from the Indigenous Rugby League Development Officer, advising us that there will be a visit from the Hogs for the Homeless Team in Gloucester on Thursday 25th February. The session will be after school. If there are any students who are interested in rugby league and would like to attend could you please let me know as they are requesting numbers before the event? Parents will need to transport their children as the event is out of school hours.

A REMINDER TO PARENTS TO NOTIFY THE SCHOOL ABOUT YOUR CHILD'S HEALTH

We welcome information from parents about your child's health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child's health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child's health and wellbeing.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter's health needs or as otherwise required by law.

PARENT ON LINE PAYMENTS

I am pleased to advise that POP is now user friendly on mobile devices.

TERM 1

Week 3

Wednesday 10 th Feb	Combined schools swimming Carnival
Thursday 11 th Feb	Hot lunch

Week 4

Wednesday 17 th Feb	Principal Network Day Gloucester Advocate photos
Thursday 18 th Feb	BWCoS – Booral
Friday 19 th Feb	Zone swimming carnival ICAS money due in

Week 5

Thursday 25 th Feb	Rugby League session 3:30pm
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Week 6

Thursday 3 rd Mar	Hunter swimming carnival
Friday 4 th Mar	Schools Clean Up! Day CLN meeting Dungog League Tag Day

Week 7

Wednesday 9 th Mar	Gala Soccer Day Gloucester
Thursday 10 th Mar	Selective High School Test Hot Lunch

Week 8

Week 9

Monday 21 st Mar	Harmony Day
Friday 25 th Mar	Good Friday
Sunday 27 th Mar	Easter Day

Week 10

Monday 28 th Mar	Easter Monday
Thursday 31 st Mar	Hot Lunch
Friday 1 st Apr	Stroud Show
Saturday 2 nd Apr	Stroud Show

Week 11

Friday 9 th Apr	Last day Term 1
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If there is anything you would like to discuss with me please do not hesitate to contact me at school.

Crystal McGuigan

Principal

CANTEEN ROSTER TERM 1

15 th February	Leasa
22 nd February	Leonie
29 th February	Nicole
7 th March	Shaley
14 th March	Marianne
21 st March	Davina
28 th March	Public Holiday
4 th April	Tonia & Janet

Thankyou for your assistance with the canteen. If you are not able to attend on your rostered day please arrange for a replacement.

Additional item for canteen menu:

Cheese, peanut butter or vegemite sandwiches available - \$1.50.



Izzabella – 10th February

Connor – 11th February

We hope you both have a great birthday.

There will be a combined birthday party for Izzabella and Connor at the Stroud Pool following the conclusion of the Swimming Carnival on Wednesday.

Everyone is invited to attend the party.
Hope you can make it!

Looking for girls to enter

Stroud Show Girl Contest

- Stroud Showgirl 18 yrs – 24yrs as of 1/5/16
- Stroud Junior Show Girl 13yrs – 17yrs as of 1/5/16

And interested in your local community, then we would encourage you to participate and become aware of women's contribution in local and rural NSW.

The winner will represent Stroud Show Inc at the RAS 2017 zone finals and could then progress to the state finals in Sydney 2017.

Expressions of interest are now being taken. Competition and judging will take place in March if sufficient interest is shown.

For more information, please phone Maxine (4994 5160) or Leanne (0417 658 852) to apply by 28/2/16

Good for Kids good for life

PACKING A HEALTHY LUNCHBOX

Many products marketed as being a healthy lunchbox addition can be high in sugar and fat, and low in nutrients. Here are some healthy options to consider swapping in your child's lunchbox:

- An apple or banana instead of a fruit roll-up.
- Swap chips for unsalted air-popped popcorn.
- Include low-fat plain milk instead of drinks high in sugar such as sports drinks and fruit drinks with less than 99% juice.
- Swap sugary snacks, such as cake or biscuits, for a low-fat plain/fruit-based yoghurt.
- Use wholemeal or multi-grain bread instead of white bread for sandwiches.



YOU ARE INVITED TO ATTEND

BRINGING UP GREAT KIDS

PARENTING PROGRAM

0-12 YEARS



- Supporting parents to be the best parent they can be
- Improving communication with children
- Helping parents develop their children's positive self-identity
- Helping parents understand their child's experience of the world
- Understand children's brain and emotional development

WHEN: Tuesday, 18/2/16 for 6 weeks

TIME: 1pm-3pm

WHERE: Gloucester Community Health

Please register to attend by 11/2/16 on ☎65385058

A free presentation by Children Young People & Families Service

Coming 25th February 2016

Hogs For Homeless



Brad Fittler
Steve Menzies
Nathan Hindmarsh
Josh Perry
Matt Cooper
Ian Schubert



Plus Support Crew

COACHING CLINIC

@ 4.00pm Bert Gallagher Oval.

All interested players for 2016 invited to attend – please leave your name at your school before 18th February.

AUCTION DINNER

Adults and over 16 years only

Auction of NRL club jumpers & NSW State of Origin jumper plus other items.

6.30 for 7.00pm Start – Nibbles &

Main Meal, Golf Club

\$40 per ticket. Limited seats available.

Tickets : purchased from Valley Motors

before 18th February.

Further details will be available on 2RE, Facebook or call 0401181964 Rodney

or 0400461159 Kristy

Gloucester Junior & Senior Rugby League Clubs

