

Stroud Road Public School and Community Newsletter

Monday, 28th November 2016

To the Students, Parents and Families,

It is with sadness that I write to inform you that I will be finishing up at the end of this term. I have been offered a great opportunity to be a Classroom Teacher at Gloucester Public School next year. Over the past two years I have developed many close relationships with the students, staff and families of Stroud Road Public School, which I will miss dearly.

It has been a pleasure to learn with and alongside the students over the past two years. I have watched them all learn and grow into the delightful individuals they are today.

To Jack, Lucy, Poppy, Izzabella, Elijah, Hayley, Lachlan, Hayley, Bronte, Sam, Darcy, Nic, Zarleigh, Madeline, Layla, Indy, Connor, Kaiden, Raiden and Ben I wish you all the very best for the future and for a lifelong journey of learning. I know you will all strive to achieve your best.

Thank you for all of the support and friendship over the past two years. I am sure I will see you around Stroud.

Much Love,
Miss Bratfield ☺ Xx

REMINDERS FOR SCHOOLS DAYS

Monday: Canteen (recess and lunch)

Tuesday: Garden Club

Wednesday: School banking, library borrowing

Thursday: Canteen (recess)

Friday: Sport, recorders, music

NEWS DAYS

Monday – Jack, Izzabella, Lachlan, Darcy, Indy

Tuesday – Lucy, Hayley E, Nic, Raiden, Kaiden

Wednesday – Hayley FW, Bronte, Zarleigh, Connor, Ben

Thursday – Elijah, Poppy, Sam, Madeline, Layla

STUDENT OF THE WEEK

Each week staff choose 1 student who has gone above and beyond to achieve one or more of our PBL goals (respect, care, learn, share). Congratulations to Lucy Graham for staying on task in all Key Learning Areas.



Lucy will receive a voucher to get an ice block or packet of chips from the canteen.

SUPER SPELLERS

Well done to Bronte, Kaiden, Ben, Hayley FW, Elijah and Darcy for getting 100% in their spelling test on Friday.



ARRIVAL AND DEPARTURE TIMES

We understand that, at times, you may need to drop your child/children off before 8:30am and may need to pick them up a little late. Could we please ask that you advise us if you are going to be early or late so we are able to organise suitable supervision.

DEODORANT

As we come into summer and the weather gets warmer students are reminded that they are allowed to bring in roll-on deodorant to apply before fitness/sport. Please do not send in aerosol deodorant because we have many students with asthma. Students might also like to apply some deodorant before they come to school (with parents' permission).

STROUD CAROLS

Mrs Frost would like to organise a short play to be performed at Stroud Carols. She has sent me through the following request:

"I will need 8 children for the play. A Mary and a Joseph, 2 shepherds, 3 wise men and a child to be a star carrier. There are no lines for the students to learn, I will narrate."

Parents will be asked to provide very simple costumes. Kaye is looking at visiting the school on Thursday to work with the students who would like to participate. If your child/ren will be attending Stroud Carols and would be interested in performing in the play please let me know by Wednesday morning.

YEAR 6 SLIDE SHOWS

Year 6 students are asked to bring in the following photos to create their end of year display for presentation night:

5-6 photos of themselves before they started school.
2-3 photos of themselves for each school year (including a school photo please).

Digital copies are preferred but we are able to scan original photos if necessary.

WE REALLY NEED THE PHOTOS THIS WEEK SO WE CAN GET A START ON THE PRESENTATIONS PLEASE.

ICAS DATES 2017

The 2017 ICAS dates are listed below.

ICAS Subject	ICAS Sitting Date
Digital Technologies	23 rd May 2017
Science	30 th May 2017
Writing	12 th June – 16 th June 2017
Spelling	14 th June 2017
English	1 st August 2017
Mathematics	15 th August 2017

If you would like your child/ren to participate in the ICAS assessments in 2017 the entry fees will be required to be paid by parents/carers.

Entry fees: Digital Technologies - \$8.80
Science - \$8.80
Writing - \$18.70
Spelling - \$12.10
English - \$8.80
Mathematics - \$8.80

PLEASE NOTE: If fewer than 3 entries are made in a subject across all years, an entry fee equivalent to 3 entries must be paid.

Please send your money in to school before the end of the year.

If you would like more information about the ICAS assessments please go to:

<https://www.eaa.unsw.edu.au/icas/about>

PLEASE TIE HAIR UP

Could we please ask that all students with longer hair have their hair tied up for school each day? Not only does this help to prevent the passing of head lice, but also means that hair is not falling in children's faces whilst they complete their work.

SURVEYS

Attached to this week's newsletter are 2 quick surveys. The surveys have been designed to take minimal time to complete. I would really appreciate it if all parents could please complete both the surveys and return them to school as soon as possible. When we receive your survey we will note that you have returned them and place them all into a box to ensure confidentiality.

STROUD WRITERS COMPETITION BOOKS

Attached to this week's newsletter is an order form for parents and carers who would like to purchase the book with our student's pieces of writing from the Stroud Writers competition. These books would make great Christmas presents for family members. The

book is currently with the printers and delivery should be Tuesday 6th or Wednesday 7th December (NEXT WEEK). If you would like to purchase a copy please complete the attached order form and return to school.

INTENSIVE SWIMMING

The students have been thoroughly enjoying intensive swimming lessons. This week is our final week at the pool.

PRAC STUDENTS

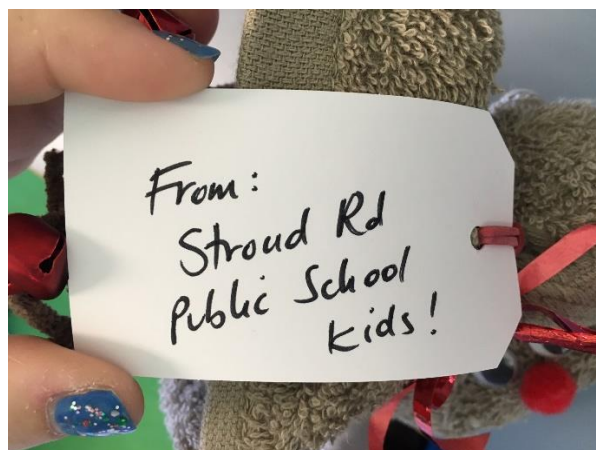
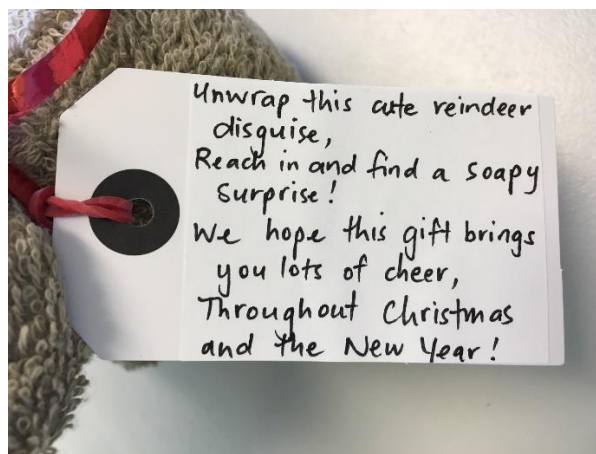
This week is Mr Fitzsimmons and Mrs Head's last week at our school. It has been wonderful to see them make connections with our students and grow as teachers during their 4 weeks with us. We wish them all the best for the remainder of their studies and life as amazing teachers.

PERFORMANCE AT THE LODGE

This Friday we will be leaving for intensive swimming a little earlier so that we can visit the Lodge to sing and perform recorders for the residents. Mrs Thomas and the students have made some beautiful gifts that students will present to the residents.

After their performance the students will head to the showground where they will engage in some activities organised by Mr Fitzsimmons and Mrs Head, before having lunch and starting intensive swimming lessons at 1:30pm.

A permission note to leave the school earlier than usual was sent home today.



WEEK 8

Prac students (Ms Head and Mr Fitzsimmons)	
All week	Intensive swimming 1:30pm
Wednesday 30 th Nov	GHS transition 1pm-3:15pm
	MHS transition
Thursday 1 st Dec	Mrs Frost visit
Friday 2 nd Dec	Visit to Stroud Community Lodge 11:30-12noon
Saturday 3 rd Dec	Stroud Carols
	BBQ-5pm Carols-6pm

WEEK 9

Monday 5 th Dec	6-7 transition G.H.S
	P&C meeting 3:10pm
Tuesday 6 th Dec	6-7 transition D.H.S.
Thursday 8 th Dec	Presentation night 6:30pm
Friday 9 th Dec	Scripture moved to 12:30pm

WEEK 10

Tuesday 13 th Dec	Fun Day
Thursday 15 th Dec	Year 6/Staff dinner
Friday 16 th Dec	Last day breakfast
	Students' last day
Saturday 17 th Dec	P&C Christmas party

WEEK 11

Monday 19 th Dec	SDD – Gloucester P.S.
Tuesday 20 th Dec	SDD – Stroud Road P.S.

Crystal McGuigan
Principal

P&C News

Canteen Roster – Term 4

5 th December	Molly
12 th December	Kim

Thank you for your assistance with the canteen. If you are not able to attend on your rostered day, please arrange for a replacement.

Christmas Hamper Raffle

The P&C will be holding a Hamper Raffle to be drawn at the Presentation Night. It would be appreciated if each family could supply an item or two to go towards the hamper. Some suggestions: tinned fruit, lollies, serviettes and cordial. There is a container in the school foyer for items to be placed in. Thankyou for your support!

DONATION OF GIFTS TO SALVATION ARMY

As in previous years the school is asking that students donate a gift (unwrapped) up to the value of \$10.00 to be donated to the Salvation Army for distribution to children less fortunate. The gifts can be placed under the Christmas Tree at Presentation Night or handed in to the office.

SANTA

Santa will once again be making an appearance at our Presentation Night and he has asked that if you have siblings of children attending Stroud Road Public School can you please contact the P&C. Santa mentioned that any non-school children who will be attending need to let Molly or Leonie know BEFORE 24th NOVEMBER so that everyone receives a gift.

P&C Meeting

Monday 5th December – 3.10pm

Everyone Welcome!

Chat with the Chappie

How quickly things can change! Ten minutes ago I was sitting in the heat thinking it would have been good to go to the pool with the kids today, now it's suddenly pouring down rain with a spattering of hail!

Change affects us all. There can be good change, bad change, big change and small change! An important role as Mum, Dad, Nan or Pop is to help our kids learn how to deal with change. There is no getting around it so we need to teach our kids how to be resilient and work through whatever changes in life they may face.

What is resilience? It is the ability to recover quickly from difficulties or toughness; it is strength of character; adaptability and flexibility.

Here are a few ways you can assist your child in becoming resilient...

1. *Help them learn to find something positive in every situation.* i.e It's raining and we can't go to the park. Let's imagine how green the park will be tomorrow when we go! What plants/animals/insects will be enjoying this rain?
2. *Live to learn.* Look at pain and difficulty as an opportunity to learn and problem solve. i.e What is the solution to this problem? What can I learn in this circumstance?
3. *An open heart.* Acts of kindness and the serotonin boosts that accompany them have a great effect on the body and brain. Having a grateful heart helps put difficulties in perspective!
4. *Take care of yourself.* Good health and healthy habits are foundational to both mental and emotional resilience.

As you and your kids face the possibility of change over the Christmas period, consider how you can work through it in the healthiest way possible! Take a moment to hear what's happening for your child and then point them in the right direction towards resilience!

Community News

ST Johns Women's Guild Coach tour to the Hunter Valley Gardens Christmas lights

Departing Stroud 4.30pm – 20th December 2016.

Cost: Adults \$50.00, Children \$45.00 (4-15 years)

Cost includes coach travel and entry to HVG

Bookings essential (as soon as possible please)

To be paid by 5th December 2016. Cheques payable to St John's Women's Guild.

Please contact Jill Edwards for bookings and further information.

Phone: 4994 5384 or 0407 001 459



C.A.R.O.L.S. IN T.H.E.
R.O.T.U.N.D.A
Led by Anne Frost,
Stroud Choir and Local Schools
Saturday 3rd December
Memorial Avenue, Stroud
BBQ from 5pm
Carols from 6pm
Bring chair or rug
Brought to you by the Stroud
Brickhrowing Committee
0414 863 045



Dungog Shire
Community Centre
"....together a stronger community."

Christmas Food Donations

SUGGESTED ITEMS

Non-perishable food items and groceries urgently required this Christmas

Tinned Foods

- Tinned fruit/fruit salad
- Tinned vegetables (eg. peas, carrots, corn, beetroot)
- Packet and tinned soups
- Tinned spaghetti and baked beans
- Tinned tuna and other fish, tinned ham, pre-canned meals, etc

Beverages

- LHT milk
- Tea, coffee, sugar
- Milo, Quik
- Cordial, soft drink
- Long-life juice

Cereals and Carbohydrates

- Breakfast cereals and muesli
- Instant noodles, two-minute noodles, instant pasta packs
- Rice, pasta/spaghetti, pasta sauce (eg. Dolmio)
- Rice sauce (eg. Kan Tong, Chicken Tonight)
- Muesli bars

Treats

- Chocolate, bags of lollies
- Sweet and chocolate biscuits (eg. Tim Tams, Mint Slice)
- Savoury biscuits (eg. Barbecue Shapes, Sakata, Saladas)
- Potato chips
- Popcorn (pre-popped or microwavable)
- Fruit cups (eg. SPC), jelly crystals, Ice Magic, cake mix, Shaka 'n'
- Bake pancake mix, jam, honey, Vegemite

Extras for Christmas

- Bonbons
- Santa sacks (eg. Cadbury)
- Christmas puddings
- Long-life or boxed custard

HANDY HINTS

Ring-pull tins are preferred!
Tins with ring-pull lids are most helpful, as not all people receiving the food will necessarily have access to a can opener.

Long expiry dates please
Please ensure foods donated are non perishable and their expiry dates are well into next year.

Thank you for your very kind donation.
Your generosity will make an immediate difference in the lives of many local residents this Christmas

Dungog Shire
Community Centre
"....together a stronger community."

Christmas Toy Donations

SUGGESTED TOYS

GIFT IDEAS FOR ALL AGES

Gift Vouchers

- Surf shops
- Clothing shops
- CD/DVD shops
- Kmart, Myer, Target
- Cinemas/movie tickets
- Diva Jewellery

Clothing

- Clothing and accessories
- Shoes and socks
- Baseball caps

Outdoor/Sporting Equipment

- Kites
- Bat and ball games
- Beach towels, sunglasses, body boards
- Jogger radios
- Netballs, footballs, cricket sets
- Tennis racquets and balls

Hair and Beauty

- Make-up, beauty cases
- Perfume/after shave
- Hair dryers
- Jewellery (eg. from Diva)
- Trendy toiletry bags
- Toiletries (lip balm, glitter gels, hair accessories, nail polishes)

Miscellaneous

- CDs and DVDs
- Meccano, Lego
- Puzzles and games (eg. board games, card games, pinball machines)
- Bags (eg. back-packs, teen handbags, wallets, purses)
- Books, diaries, photo albums
- Art and craft packs (eg. stationery, art pencils and paints, sketch books, coloured paper)
- Toy cars (eg. Hot Wheels, Matchbox etc.

HANDY HINTS

Why we request unwrapped gifts
This allows us personally select suitable gifts for their children. This is a more dignified way of allocating gifts and for this reason we do not supply children's names. You may wish to include some wrapping paper and sticky tape to allow us to wrap the gifts.

Gift vouchers – what a great idea!
Gift vouchers really are a great gift idea, because of their flexibility. They're an ideal gift for older children, teenagers and adults. Alternatively, a gift voucher means a parent who is struggling to make ends meet doesn't have to miss out on the joy of purchasing their child a gift direct from the store.

Why we request 'brand new' toys
Sadly, the gift you donate might be the only present a child receives this Christmas, and so we try our best to ensure each child receives a gift that is 'brand new'. We know Christmas isn't only about receiving gifts, but this is one way we can help families feel special at Christmas and enjoy its wonders like everybody else.

Thank you for your very kind donation.
Your generosity will make an immediate difference in the lives of many local residents this Christmas

2016 Christmas Giving Tree



It seems only yesterday that we were writing to invite you to participate in our annual Community Christmas Tree event.

Time flies by so fast and each year we are called on to assist an increasing number of people enduring economic and social stress.

With this in mind we would like to bring the Dungog community together by opening up our hearts and if you can donate, we would be ever grateful. McElwaine Estate Agents welcome you to their new office at 140 Dowling Street Dungog and here, you can place your gift under their tree.

Gifts for kids, mums and dads, grandparents are all welcome, we appreciate every gift donated big or small. We know the Dungog community are big on support and that is what we love!

Gifts can be donated until Friday 16th December.

*From our families to yours,
Have a Merry Christmas & a Happy New Year*

Dungog Community Centre & McElwaine Estate Agents



THINKING OF SELLING
THINK MCELWAINES



Merry Christmas Santa in Gloucester



PHOTO SESSIONS

**From Sat 3rd December
to Sat 10th December**

9 am to 4 pm

Ring helloworld Gloucester

02 6558 1055

to Book Your Appointment