

# Stroud Road Public School and Community Newsletter

Monday, 17th October 2016

## REMINDERS FOR SCHOOLS DAYS

Monday: Canteen (recess and lunch)

Tuesday: Garden Club

Wednesday: School banking, library borrowing

Thursday: Canteen (recess)

Friday: Sport, recorders, music

## NEWS DAYS

Monday – Jack, Izzabella, Lachlan, Darcy, Indy

Tuesday – Lucy, Hayley E, Nic, Raiden, Kaiden

Wednesday – Hayley FW, Bronte, Zarleigh, Connor, Ben

Thursday – Elijah, Poppy, Sam, Madeline, Layla

## STUDENT OF THE WEEK

Each week staff choose 1 student who has gone above and beyond to achieve one or more of our PBL goals (respect, care, learn, share).

Congratulations Zarleigh Went for showing great comprehension skills during research.



Zarleigh will receive a voucher to get an ice block or packet of chips from the canteen.

## SUPER SPELLERS

Well done to Madeline, Lachlan, Darcy, Kaiden, Ben, Lucy and Nicholas (absent when photo taken) who were our super spellers on Friday, getting 100% in their spelling test.



## NAIDOC DAY

It was unfortunate that our NAIDOC Day was cancelled. Thank you to Molly who came in and cooked a sausage sizzle so our students would not miss out and for organising special cooking groups in the afternoon session.





## YEAR 7 SELECTIVE HIGH SCHOOL IN 2018

Attached to the newsletter is an intention to apply for Year 7 entry to a selective high school in 2018 expression of interest form. If you are interested please return the slip on the bottom of the page before Friday. Further information available at the school office.

## HOT LUNCH

If anyone is available to do hot lunch on Thursday 10<sup>th</sup> November please let us know. That will be our last hot lunch day for the year.

## SWAP IT



## LEADERSHIP CREDENTIAL

I had a productive day on Friday, developing my Principal Credential project further.

## TROPPO BOB

My sincere apologies. The date for Troppo Bob had changed and I had changed the dates the wrong way around. We will be travelling to Stratford on Tuesday 1<sup>st</sup> November to visit Troppo Bob. Notes will be sent home shortly.

## 6-7 TRANSITION SESSIONS

I have heard back from Gloucester HS with the following information regarding 6-7 transition.

Info BBQ for all Year 6 Wednesday 19<sup>th</sup> October at 5:30pm

Orientation Day 6<sup>th</sup> December

Primary to HS visits – To Be Advised

I have also received an email from Dungog HS with their 6-7 transition information.

Jumpstart days – 28<sup>th</sup> Oct/11<sup>th</sup> Nov 9am-3:20pm

BEST days – 4<sup>th</sup> Nov/18<sup>th</sup> Nov 9am-3:20pm

Orientation day – 6<sup>th</sup> December (all students)

## LUNCHBOX IDEAS



Crunch&Sip®	Recess	Lunch	Drink
Cherry tomatoes Water	Cucumber sticks Hommus Mini rice wheels	Fruit bread with banana	Frozen milk popper

### FUSSY EATERS

Hommus is a great way to encourage kids to eat their vegetables. Buy mini packs, portion from a larger pack into your own container or make your own!\*

### SAVE MONEY \$\$

Look for the vegetables and fruit that are displayed at the front of the supermarket. These are usually the ones that are in season, when their cost is the lowest.

[www.goodforkids.nsw.gov.au](http://www.goodforkids.nsw.gov.au)

Good for kids  
good for life

\*See [goodforkids.nsw.gov.au](http://goodforkids.nsw.gov.au) for a recipe

swop it  
everyday in the lunchbox

While brands may be depicted in these images, Good For Kids has no affiliation and does not endorse any specific food brand. We do not warrant that the information we provide will meet individual health, nutritional or medical requirements, or individual school policy. For more lunchbox suggestions see [www.goodforkids.nsw.gov.au](http://www.goodforkids.nsw.gov.au).

## PRIMARY MUSIC INSTITUTE

We still have places available for guitar and keyboard lessons for Term 4.



**Keyboard & Guitar Lessons**  
Using Internet / Video Conferencing





**Small Group & Private Lessons**  
Register your interest with the school today!

- Lessons are held once per week on school campus – typically during the school day
- Students work with a remotely based PMI teacher using Internet / video conferencing
- Only \$15.95 per child per small group lesson (2-5 students for 30 minutes)
- Our small group lessons provide a fun and affordable opportunity to learn instrumental music
- Private lessons also available (\$32.95 per child for 30 minutes)
- Learning plan for all students via "PMI Stars" program – structured objectives with progress visibility
- Ten minutes per day of practice at home is all that is required to see improvement!
- Instrumental music can improve your child's school results – including for reading, maths, coordination

P: 1300 362 824   E: [admin@primarymusicinstitute.com.au](mailto:admin@primarymusicinstitute.com.au)   [www.primarymusicinstitute.com.au](http://www.primarymusicinstitute.com.au)

### WEEK 2

Wed 19<sup>th</sup> – Fri 21<sup>st</sup> Oct   Stage 3 excursion

### WEEK 3

Tuesday 25 <sup>th</sup> Oct	Kinder transition
Wednesday 26 <sup>th</sup> Oct	Whizzy visit 12:30pm
Thursday 27 <sup>th</sup> Oct	Hot Lunch (Molly)
Friday 28 <sup>th</sup> Oct	DHS Jumpstart transition day

### WEEK 4

Tuesday 1 <sup>st</sup> Nov	Troppo Bob @ Stratford PS
Wednesday 2 <sup>nd</sup> Nov	Kinder transition
Thursday 3 <sup>rd</sup> Nov	BWCoS meeting
Friday 4 <sup>th</sup> Nov	DHS BEST transition day
	Principal Network Meeting
Saturday 5 <sup>th</sup> Nov	SDD (in lieu 20/12)

### WEEK 5

Prac students (Ms Head and Mr Fitzsimmons)	
Tuesday 8 <sup>th</sup> Nov	NDIS meeting 4pm (Crystal)
Thursday 10 <sup>th</sup> Nov	Kinder transition
	Hot Lunch
Friday 11 <sup>th</sup> Nov	DHS Jumpstart transition day
Saturday 12 <sup>th</sup> Nov	SDD (in lieu 20/12)

### WEEK 6

Prac students (Ms Head and Mr Fitzsimmons)	
Tuesday 15 <sup>th</sup> Nov	Maitland Horse Sports
Wednesday 16 <sup>th</sup> Nov	P&C meeting 7pm
	K-2 excursion (with Stroud)
Friday 18 <sup>th</sup> Nov	Kinder transition
	DHS BEST transition day
	CLN meeting

### WEEK 7

Prac students (Ms Head and Mr Fitzsimmons)	
All week	Intensive swimming 1:30pm

### WEEK 8

Prac students (Ms Head and Mr Fitzsimmons)	
All week	Intensive swimming 1:30pm

### WEEK 9

Monday 5 <sup>th</sup> Dec	P&C meeting 3:10pm
Tuesday 6 <sup>th</sup> Dec	6-7 transition D.H.S.
	6-7 transition G.H.S.
Thursday 8 <sup>th</sup> Dec	Presentation night 6:30pm

### WEEK 10

Friday 16 <sup>th</sup> Dec	Last day breakfast
	Students' last day

### WEEK 11

Monday 19 <sup>th</sup> Dec	SDD – Gloucester P.S.
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Crystal McGuigan  
Principal

## P&C News

### Canteen Roster – Term 4

24 <sup>th</sup> October	Leonie
31 <sup>st</sup> October	Davina
7 <sup>th</sup> November	Leasa
14 <sup>th</sup> November	Janet
21 <sup>st</sup> November	Marianne
28 <sup>th</sup> November	Nicole
5 <sup>th</sup> December	Leonie
12 <sup>th</sup> December	Kim

Thank you for your assistance with the canteen. If you are not able to attend on your rostered day, please arrange for a replacement.

Families are universal, every culture is made up of them; but what they look like from home to home can vary greatly.

A part of family life is sharing the load, otherwise known as chores or jobs. This is an area where every family is going to differ but below are some guidelines to help you as you consider what works for your family.

Ask yourself, why do I want my kids to do chores? Is it:

- a) To teach them about responsibility, teamwork and serving others you love?
- b) To share the load?
- c) The size of the family and work commitments demand it?
- d) Because it's free labour and that means free time for the grown ups?

What will my kids gain through doing chores?

- a) Responsibility?
- b) Learning everyday skills?
- c) The ability to use initiative and how to be considerate of others?
- d) Skills for future paid jobs?

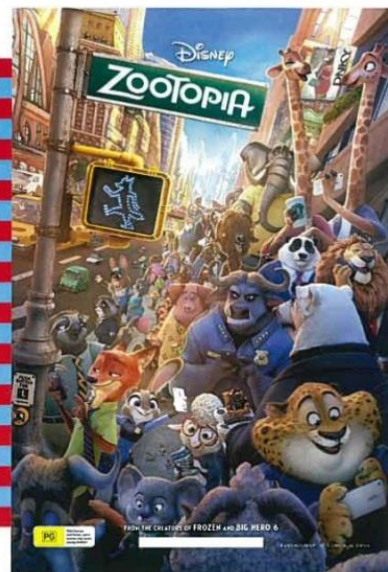
How much is too much, or how much is too little?

- a) Do my kids get to play and have fun too, or is all their free time taken up with chores?
- b) Does the play/work/homework/family time ratio look balanced and healthy?
- c) Am I doing everything for them and not helping them become healthy functioning members of society?
- d) Am I willing for things to be cleaned, washed, tidied in a way that is not quite at my own standard?

This week, have another look at what's happening in your home, too much, too little, or just right?

As usual, please feel free to contact me to discuss your child or any other issues!

Mrs Kath Thomas – 0422 523 896



### Outdoor Movie Night



#### \$10 Family Ticket

A family ticket includes 2 adults and all children in the same household as the parents.

7:45pm

(approximate start time)

Saturday 5th November 2016

Booral Public School grounds

Tickets on sale from Monday 10th October 2016

at the following locations;

Booral Public School, Ma Baker Booral, Hair @ Booral, Booral Produce, Stroud Hardware and Produce, R&R Reality and Stroud Butchery.

Lucky Door Prizes donated by local businesses.

Dungog High School Rocks Around the Clock  
at the  
Dungog Festival

## Miss Rockabilly High Tea

***An event about as classic cool as it gets...***

**Step back in time for our own Miss Rockabilly High Tea and choose to enjoy your glass of champagne at the tables spread on the lawn in the fresh air or go inside under the heritage vaulted ceiling of the 1908 Masonic Lodge building.**

**Remember the much loved classics of a milk bar, desserts such as trifle, banana splits, cakes, black forest gateaux and baked delights.**



***Where:** Anglican Church Hall, Dungog*

***When:** Saturday 29th October, 12pm and 2:30pm*

***Cost:** Single tickets \$55.00 + \$3.50 booking fee  
(includes the bubbles)*

*Please come along and support the students from  
the High School.*