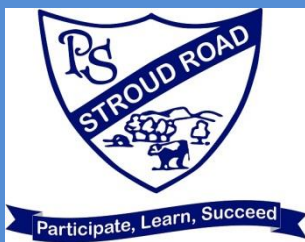


Term: 4 Week: 1



# Stroud Road Public School and Community Newsletter

Monday, 10<sup>th</sup> October 2016

## REMINDERS FOR SCHOOLS DAYS

Monday: Canteen (recess and lunch)

Tuesday: Garden Club

Wednesday: School banking, library borrowing

Thursday: Canteen (recess)

Friday: Sport, recorders, music

## NEWS DAYS

Monday – Jack, Izzabella, Lachlan, Darcy, Indy

Tuesday – Lucy, Hayley E, Nic, Raiden, Kaiden

Wednesday – Hayley FW, Bronte, Zarleigh, Connor, Ben

Thursday – Elijah, Poppy, Sam, Madeline, Layla

## GYMNASTICS

All the students really enjoyed our first day of gymnastics today.



Principal: Miss Crystal McGuigan  
733 Bucketts Way, Stroud Road NSW 2415  
email: [stroudroad-p.school@det.nsw.edu.au](mailto:stroudroad-p.school@det.nsw.edu.au)

P & C President: Mrs Leonie Edwards  
Ph: 02 4994 5276 Fax: 02 4994 5418  
web: [www.stroudroad-p.schools.nsw.edu.au](http://www.stroudroad-p.schools.nsw.edu.au)

## NAIDOC DAY

We will be travelling to Dungog Public School on Thursday to participate in their NAIDOC Day celebrations. We will be leaving school just before 10am and will be returning at approximately 2:15pm.

## LEADERSHIP CREDENTIAL

I will be visiting Taree West Public School on Friday to meet with my facilitator for the Principal Credential I am currently completing. Mrs McNeice and Mrs Melmeth will be in as usual.

## TROPPO BOB

On Tuesday next week we will be travelling to Stratford Public School for a Troppo Bob performance. Notes will go home in the next day or two. We will be travelling by bus.

## 6-7 TRANSITION SESSIONS

Parents of Year 6 students please note that the dates for 6-7 transition I have placed in the calendar are only tentative. I am waiting on the High Schools to confirm their dates.

## SWAP IT

# LUNCHBOX IDEAS



| Crunch&Sip®              | Recess  | Lunch                      | Drink                    |
|--------------------------|---|----------------------------|--------------------------|
| Cherry tomatoes<br>Water | Cucumber sticks<br>Hommus<br>Mini rice wheels | Fruit bread with<br>banana | Frozen<br>milk<br>popper |

### FUSSY EATERS

Hommus is a great way to encourage kids to eat their vegetables. Buy mini packs, portion from a larger pack into your own container or make your own!

### SAVE MONEY \$\$

Look for the vegetables and fruit that are displayed at the front of the supermarket. These are usually the ones that are in season, when their cost is the lowest.

[www.goodforkids.nsw.gov.au](http://www.goodforkids.nsw.gov.au)

## PRIMARY MUSIC INSTITUTE

We still have places available for guitar and keyboard lessons for Term 4.



PRIMARY MUSIC INSTITUTE

Keyboard & Guitar Lessons  
Using Internet / Video Conferencing



### Small Group & Private Lessons

Register your interest with the school today!

- Lessons are held once per week on school campus – typically during the school day
- Students work with a remotely based PMI teacher using Internet / video conferencing
- Only \$15.95 per child per small group lesson (2-5 students for 30 minutes)
- Our small group lessons provide a fun and affordable opportunity to learn instrumental music
- Private lessons also available (\$32.95 per child for 30 minutes)
- Learning plan for all students via 'PMI Stars' program – structured objectives with progress visibility
- Ten minutes per day of practice at home is all that is required to see improvement!
- Instrumental music can improve your child's school results – including for reading, maths, coordination

P: 1300 362 824 E: [admin@primarymusicinstitute.com.au](mailto:admin@primarymusicinstitute.com.au) [www.primarymusicinstitute.com.au](http://www.primarymusicinstitute.com.au)

## WEEK 1

|                               |                        |
|-------------------------------|------------------------|
| Thursday 13 <sup>th</sup> Oct | NAIDOC Day @ Dungog PS |
| Friday 14 <sup>th</sup> Oct   | Kinder transition      |

## WEEK 2

|   |                   |
|---|-------------------|
| Monday 17 <sup>th</sup> Oct                     | Kinder transition |
| Wed 19 <sup>th</sup> – Fri 21 <sup>st</sup> Oct | Stage 3 excursion |

## WEEK 3

|                                |   |
|--------------------------------|---|
| Monday 24 <sup>th</sup> Oct    | P&C meeting 3:10pm                            |
| Tuesday 25 <sup>th</sup> Oct   | Kinder transition                             |
| Wednesday 26 <sup>th</sup> Oct | Whizzy visit 12:30pm<br>6-7 transition G.H.S. |
| Thursday 27 <sup>th</sup> Oct  | Hot Lunch                                     |

## WEEK 4

|                               |                           |
|-------------------------------|---------------------------|
| Tuesday 1 <sup>st</sup> Nov   | Troppo Bob @ Stratford PS |
| Wednesday 2 <sup>nd</sup> Nov | Kinder transition         |
| Thursday 3 <sup>rd</sup> Nov  | BWCoS meeting             |
| Friday 4 <sup>th</sup> Nov    | Principal Network Meeting |
| Saturday 5 <sup>th</sup> Nov  | SDD (in lieu 20/12)       |

## WEEK 5

|  |                            |
|--|----------------------------|
| Prac students (Ms Head and Mr Fitzsimmons) |                            |
| Tuesday 8 <sup>th</sup> Nov                | NDIS meeting 4pm (Crystal) |
| Wednesday 9 <sup>th</sup> Nov              | 6-7 transition G.H.S.      |
| Thursday 10 <sup>th</sup> Nov              | Kinder transition          |
| Friday 11 <sup>th</sup> Nov                | Jumpstart @ D.H.S          |
| Saturday 12 <sup>th</sup> Nov              | SDD (in lieu 20/12)        |

## WEEK 6

|  |  |
|--|--|
| Prac students (Ms Head and Mr Fitzsimmons) |  |
| Tuesday 15 <sup>th</sup> Nov               | Maitland Horse Sports                    |
| Wednesday 16 <sup>th</sup> Nov             | P&C meeting 7pm                          |
| Thursday 17 <sup>th</sup> Nov              | Hot Lunch<br>K-2 excursion (with Stroud) |

|                             |                                  |
|-----------------------------|----------------------------------|
| Friday 18 <sup>th</sup> Nov | Kinder transition<br>CLN meeting |
|-----------------------------|----------------------------------|

### WEEK 7

|  |                           |
|--|---------------------------|
| Prac students (Ms Head and Mr Fitzsimmons) |                           |
| All week                                   | Intensive swimming 1:30pm |
| Wednesday 23 <sup>rd</sup> Nov             | 6-7 transition G.H.S      |

### WEEK 8

|  |                           |
|--|---------------------------|
| Prac students (Ms Head and Mr Fitzsimmons) |                           |
| All week                                   | Intensive swimming 1:30pm |

### WEEK 9

|                               |  |
|-------------------------------|--|
| Monday 5 <sup>th</sup> Dec    | P&C meeting 3:10pm                     |
| Tuesday 6 <sup>th</sup> Dec   | 6-7 transition D.H.S.                  |
| Wednesday 7 <sup>th</sup> Dec | 6-7 transition G.H.S                   |
| Thursday 8 <sup>th</sup> Dec  | Hot Lunch<br>Presentation night 6:30pm |

### WEEK 10

|                             |  |
|-----------------------------|--|
| Friday 16 <sup>th</sup> Dec | Last day breakfast<br>Students' last day |
|-----------------------------|--|

### WEEK 11

|                             |                       |
|-----------------------------|-----------------------|
| Monday 19 <sup>th</sup> Dec | SDD – Gloucester P.S. |
|-----------------------------|-----------------------|

Crystal McGuigan  
Principal

## P&C News

### Canteen Roster – Term 4

|                           |          |
|---------------------------|----------|
| 17 <sup>th</sup> October  | Kim      |
| 24 <sup>th</sup> October  | Leonie   |
| 31 <sup>st</sup> October  | Davina   |
| 7 <sup>th</sup> November  | Leasa    |
| 14 <sup>th</sup> November | Janet    |
| 21 <sup>st</sup> November | Marianne |
| 28 <sup>th</sup> November | Nicole   |
| 5 <sup>th</sup> December  | Leonie   |
| 12 <sup>th</sup> December | Kim      |

Thank you for your assistance with the canteen. If you are not able to attend on your rostered day, please arrange for a replacement.

## Community News



### Sport and Recreation's Swim and Survive lessons

Australian summers usually involve plenty of fun in and around the water, but no parent should forget how important it is to make sure children stay safe.

Sport and Recreation's Swim and Survive classes for preschoolers and school-aged children help youngsters learn important ways to be safe and enjoy our pools, rivers, beaches and lakes.

The intensive nine-day programs provide wonderful results, and are great fun as well. Plus, family discounts make our program affordable for all the children in the family.

Sport and Recreation runs Swim and Survive classes in pools throughout regional NSW.

Our instructors are nationally qualified and screened for their suitability to work with children.

Prices for nine lessons are \$70 for school-aged children and \$50 for preschoolers (prices exclude pool entry fee).

For more information or to make a booking, visit [sportandrecreation.nsw.gov.au/swimandsurvive](http://sportandrecreation.nsw.gov.au/swimandsurvive) or phone 13 13 02



The 2016/17 season commences for Milo, Kanga, Under 14's and Under16's this Saturday 15<sup>th</sup> October and all players are reminded that they need to be registered before they can play.

Registration is simple and easy and can be done on the [Playcricket.com.au](http://Playcricket.com.au) web site.

"Where can I play" = "Gloucester" and follow the links.